# CUMBERLAND MOUNTAIN STATE PARK "JOHN MUIR" ADVENTURE WEEKEND



sting allergy, diabetes, etc.)

Everybody needs beauty as well as bread, places to play in and pray in, where nature may heal and give strength to body and soul alike.

John Muir - *The Yosemite* (1912), page 256.



#### June 24- 25, 2017

9:00 A.M. Saturday - 3:00 P.M. Sunday

#### Camp will be limited to 10 participants

Ages 13 & up or anyone who has attended 2 prior junior ranger camps

Cost will be \$30 per participant

#### **Deadline for Applications June 1**st

Student Name
Age of Student
T-Shirt Size
Parent's Name
Address City
State Zip Phone (H) (W)
Emergency Phone Number
E-Mail Address
Programs will begin Saturday June 27 <sup>th</sup> at 9:00 a.m. Campers can be picked up Sunday June 28 <sup>th</sup> at 6:00 p.m. All registered campers agree to participate throughout the program period and arrive promptly at 9:00 A.M.
Legal guardians must sign the Release of Liability form before attending the Adventure Weekend Camp.
Parents are asked to voluntarily fill in the medical questionnaire. This form alerts Park Rangers

Applications & Waiver of Liability must be dropped off at our Park Office by June 1st ATTENTION: No application will be accepted through the mail this year!!!

to any allergies or medical conditions that might require immediate attention in the field (i.e. bee

**Make Checks payable to:** CMSP Friends Group

# STATE OF TENNESSEE CUMBERLAND MOUNTAIN STATE PARK ADVENTURE WEEKEND CAMP AGREEMENT, WAIVER OF LIABILITY, AND RELEASE

#### This agreement is between the undersigned and The State of Tennessee, Division of State Parks

Cumberland Mountain State Park agrees to:

- 1. Provide the participant an environmental educational program;
- 2. Assist the participant with the preparation for the Program;
- 3. Provide staff to conduct the Program.

By accepting a place in the environmental camp, the participant and his or her parents understand the he/she must accept full responsibility for her/his choices, decisions and behavior in the program setting, and agrees to:

- 1. Inform himself/herself fully about the program, its activities and the expected risks involved in participation;
- 2. Participate fully in the program by assuming full legal responsibility for personal behavior;
- 3. Recognize that participation in the program is voluntary and that the participant must assume the inherent risk in the program, including, but not limited to, injury and illness. The student and his/her parents, by signing below, voluntarily assume full responsibility for any risks of loss, property damage or personal injury. These risks include, but are not limited to the following: Participants will be hiking on bluffs with steep drop-offs where footing may be dangerous. Participants may slip or fall. Exposure to natural elements can be uncomfortable or harmful. Temperature and weather extremes may result in sunburn, dehydration, heat exhaustion, heat stroke, or hypothermia. Poisonous or dangerous plants, insects, or animals may cause injury or allergic reactions. Participants may be involved in water activities with the risk of falls resulting in severe injury or drowning. With this understanding, the participant and his or her parents hereby release, waive, discharge, and covenant not to sue the State of Tennessee, their officers or employees. The participant and his or her parents agree to release the State from any and all liability, claims, demands, actions and damage, or injury, including death that may be sustained by the student, while participating in this program unless caused by gross negligence.
- 4. Supply the name, address, telephone number, and relationship of any individual or individuals who will be responsible to make health care decisions for the undersigned in the event of absence of decisional capacity. If such person cannot be reached, then the undersigned authorizes the program's faculty member of his/her representatives to act on the student's behalf in the event of a medical emergency;
- 5. Adhere to all standards of conduct and cooperate with all state park staff;

WE FURTHER AGREE TO HOLD HARMLESS AND INDEMNIFY THE STATE, ITS OFFICERS AND EMPLOYEES FOR ANY SUCH INJURY, DEATH, ILLNESS, DISEASE, PROPERTY DAMAGE OR EXPENSE ARISING FROM OR CONNECTED TO PARTICIPATION IN THESE ACTIVITIES. The participant and his or her parents agree to release the State from any and all liability, claims, demands, actions, and damage, or injury, including death, that may be sustained by the participant, while in this program unless caused by gross negligence.

#### I have read, understand, and agree to comply with all of the above.

Student's Signature	Date
Name (printed)	
Parent's Signature	Date
Name (printed)	

### **Health History**

Voluntarily Fill Out Please Check – Give Approximate Date

ALLERGIES: Hay Fever	Convulsion
Ivy Poisoning etc	Diabetes
Insect Stings	Bleeding/Clotting Disorders
Penicillin	Chicken Pox
Asthma	Measles
Other Drugs	German Measles
Frequent Ear Infections	Mumps
Heart Defect/Disease	•
Date of operations or illness:	
List of any chronic or recurring illness:	
Other illnesses or details from above:	
Name of family physicians:	
Do you carry family or medical/hospital	insurance?
Carrier:	
Any activities to be restricted or encour	aged by physician's advice?
Any health related suggestions from par	rents/guardians?
Parent/Guardian Authorization: This health record is accurate so far as I kn engage in all prescribed camp activities ex	now, and the person herein described has permission to cept as recognized above.
tests, and treatment for the health of my chemergency, I hereby give permission to the	elected by the state park ranger to order x-rays, routine aild, and in the event I cannot be reached in an e physician selected by the park ranger to hospitalize, njection and/or surgery for my child as named above.
Signature of Parent/Guardian	Date

## **Pre-Camp Checklist**

Things you need to have for camp		
Tent (can be purchased at Wal-mart, Dunham's, or any other large department store)		
Sleeping bag or blanket & pillow (can be purchased at Wal-mart, Dunham's, or any other large department store)		
Small first aid kit (can be purchased at Wal-mart, Dunham's, or any other large department store)		
Headlamp or flashlight (can be purchased at Wal-mart, Dunham's, or any other large department store)		
Backpack to hold snacks and water for hikes (can be purchased at Wal-mart, Dunham's, or any other large department store)		
Shower and bathroom supplies (toothpaste, soap, etc.) (can be purchased at Wal-Mart or any other department store)		
An extra change of clothes for each day.		
Rain jacket or poncho in case of rain.		
Bathing suit for water activities.		
Tennis shoes or hiking boots are required NO EXCEPTIONS!!		
Snacks, drinks, and a water bottle.		